

## General Information

**Internship Title:** Thinking together

**Non-Academic partner:** Cambridgeshire County Council

**Role/Sector:** Multi-agency arena in Early Help

**Location:** Cambridge

**Duration:** 3 months

**Start date:** Autumn 2017

**Full or Part time:** flexible

## Who are you going to work with

The Early Help team has been piloting an approach to work, where we build a project team from the local authority and our health and voluntary partners working in the community including schools. The approach involves ‘thinking together’ around complex cases and we also pilot some mini interventions as appropriate. The projects are led by a specialist clinician from clinical services team normally alongside a partner organisation from the voluntary sector. We have some mini projects at various stages of development and roll out.

## How do you expect to spend your day

There are three projects (listed below) that an intern you can get involved.

1. Self-harm -parent support interventions to improve family functioning around self-harm.

What would be helpful - Literature review on barriers to engagement with help by parents – what works; how to improve conversion from need identification to attendance on parent support; strategies; communication methods, whos and hows, language

2. Doula project – to provide a doula to the most vulnerable mothers to change their experience of mothering so they can improve the attachment with their infant and support their well-being.

What would be helpful – Assessing and collating the evidence so far; qualitative interviews with the cohort of mothers in key areas of desired project impact; information collection on the project approach across the multi-agency system to move towards a framework for upscaling and funding within the matrixed organisations in the community and setting a framework for future system wide evaluation.

3. Tetris project – to think in a multi-agency way about young people with emotional dysregulation and consider support options across the system including a Tetris option as appropriate – just about to start September 2017.

What would be helpful – We really need to clarify our measures/tools a bit more to ensure that our measures are relevant and pragmatic for a systemic approach but also able to pick

up on emotional dysregulation across school and home contexts. If we get the thinking and focus for impact assessment right at the beginning the evaluation framework should just flow!

## The ideal intern's personality and qualifications

### The ideal intern's personality and qualifications;

You will be an enthusiastic intern who wants to join a growing team. You will undertake a range of tasks including both developing and implementing multichannel strategies.

As a intern, you will collaborate with the other internal and external teams in all stages of the project. Your insightful contribution will help develop, expand and maintain all initiatives.

### Essential

- Strong desire to learn along with professional drive
- Excellent verbal and written communication skills
- Excellent knowledge of MS Office, especially Microsoft Excel
- Independent and self-motivated

## Wat are the benefits of Interning at this project

Interns will get access to multi –agency working, be able to explore the barriers to successful engagement and identification of what can work well. They will be able to appreciate the pragmatic and political drivers for curiosity and establishing focus, the importance of collective ownership, co-production of ideas and the compromises between theory expectations and practice. They will have the opportunity to appreciate a young person and family's journey through the help system.

A specialist clinician will regularly meet with the intern to discuss the requirements of each task and the progress of the work. Additionally the student will be able to see and participate in multi -agency family work and experience how the complexity of work is considered and actioned. The intern will be able to join systemic multi -agency supervisions to appreciate the benefits of reflective practice in action.

The clinician will set up contacts to enable the work to happen, break down the structure and order of the work in agreement with the intern, link the intern to data and a network of practitioners who are co-participants in the work etc.

The intern should be able to travel across the county as required but a Cambridge base for the work is likely. The intern is likely to be able to manage their own work, set up their own appointments in line with objectives agreed with the support of the clinician.

## Apply for this role

If you are interested in applying for this opportunity, please email the completed [application form](#) and a CV to [esrcdtc@admin.cam.ac.uk](mailto:esrcdtc@admin.cam.ac.uk).

Please note that all applications must be approved by the applicant's PhD supervisor.

The application deadline is **September 20 2017**. Results will be announced early October 2017.